

ITINERÀNNIA, NETWORK OF TRAILS

Itinerànnia is a network of trails, with over 2500 kilometres between the neighbouring regions of Ripollès, Garrotxa and Alt Empordà.

A network of hiking trails is like a road map, but with footpaths, allowing the hiker to get from any one point to another.

It retrieves the old historic roads between the villages to reach many small places.

The network offers many different hikes depending on the time or difficulty and your interest over nature, on the time or difficulty and your interest over nature, architecture or culture.

Each route that we propose is just a little taste of an extensive network of trails that you can walk to discover the Ripollès, Garrotxa and Alt Empordà counties.

THE SIGNS

All the trails of the network are marked regularly over the paths with horizontal painted yellow signs.



The marks are placed approximately every 300 metres between the neighbouring regions of Ripollès, Garrotxa and Alt Empordà.

The vertical signs are located at crossroads. The basic network signalling (banners with red tip) indicate the 4 nearest population in each direction and time needed. The banners of the itineraries of the municipalities, as the one you have in your hands, have a green tip shows the name and direction of the route.

You will find information boards with a map of the county's trails in every village or city integrating the network.



+INFO:
www.itinerannia.net
www.vallderibes.cat
www.elripolles.com
[#sendersvallderibes](https://twitter.com/sendersvallderibes)

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ROUTE
AROUND
THE FIR WOOD



High



3h 10min

ITINERÀNNIA
 XARXA DE SENDERS
 Ripollès - Garrotxa - Alt Empordà

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-  ITINERÀNNIA NETWORK
-  ROUTE
-  ROAD TRAIL
-  RIVER
-  TOURIST SERVICES
(See website)
-  VERTICAL SIGNPOSTS
OF THE NETWORK



A very cool route through the shady part of Planoles and with plenty of water, perfect for doing in the summer. The visit to roca Aguda is spectacular: if you venture to clamber up it you will be able to enjoy the views. The millstone and the Cometa Stream Fir Tree, protected as a monumental tree, complement the excursion. We have to respect the cattle fences we find along the way and keep pets on a leash. This fir wood, which is the last one in the southern slopes of the Pyrenees before reaching the Mediterranean, contains a large number of animal and plant species, and for this reason it forms part of the Space of Natural Interest of the Montgrony Range.



ROUTE SPECIFIC INFORMATION

Time: 3h 10min
Distance: 6,7 km
Max. height: 1.746 m
Min. height: 1.251m
Accumulative slope ascent and descent: 485m
Difficulty: High



We set out from the car park of **cal Gasparó**, at the **PI1** crossing, and quickly take the path leading to roca Aguda. Here there is a sign informing us that we are in a protected natural zone. We continue towards the fir wood, which we will reach in around an hour.

We cross the stream and pass alongside the craggy rock, which can be scrambled up, and we continue upwards, with steep slopes in some sections, beside the Aspre stream. We pass by the Millstone, wondering how it came to be here, and by the protected monumental fir tree.

We walk on for around 45 minutes more and some to the **PI2** crossing **under the Coma Ermada**. In another 15 minutes we reach coll Roig. Higher up we come to a fork: the path to the right leads directly to Coll Roig but we take the left-hand path to the Pla dels Anyells ("lambs' plain").

Here we turn right and walk up to a forest path that takes us to **coll Roig**, where we come to the **R154** crossing. At this point we start downhill, parallel to the wire fence, through the Cogulló wood to coll Garroter, from where we start the final section and return to the starting point in around one hour.

To return to cal Gasparó, we take the **PI3** crossing **over the Clot de les Vernedes**, and in five minutes we are back at the start of the route.